## WORLD HEAD INJURY DAY



Globally head / brain injuries account for at least one death, every seven minutes.

It is one of the leading causes of death and disability in adults 1

The occurrence of a brain injury is a frightening event creating a great deal of distress for the victim's family and **friends.** The severity of the brain injury may vary from a minor injury with no loss of consciousness, to an extensive brain injury leading to loss of consciousness or coma. If your loved one has suffered a brain injury, they may have to learn how

to perform all the basic functions of life again. All activities of daily living such as dressing, washing and even thinking skills may need to be learned all over again.

Physical rehabilitation requires teamwork between the rehabilitation professionals and the family. Remember that each brain injury is different and therefore the recovery is different too.

Life Rehabilitation has extensive knowledge in managing the rehabilitation requirements of our patients.

Each patient has unique needs and we develop care treatment plans tailored towards the individual - in collaboration with their families.

## **OUR INTERDISCIPLINARY TEAM INCLUDES:**

- Rehabilitation doctors
- ♣ Rehabilitation nurses
- Physiotherapists
- Occupational therapists
- Neurocognitive psychologists
- Speech and language therapists
- Social workers
- Dieticians

If your loved one has suffered a head injury, contact us at 011 219 9626

or visit our website for more information at: www.lifehealthcare.co.za







Reference: 1. https://bit.ly/37ypvPG



Making life better