

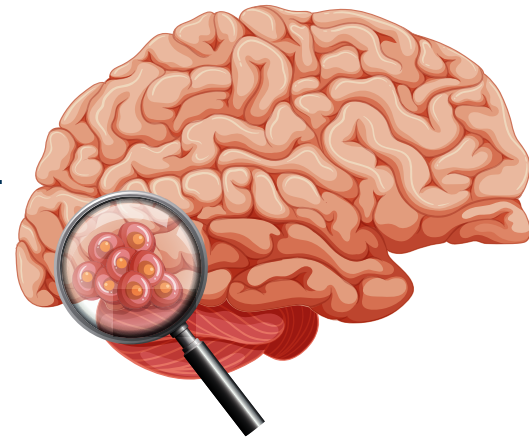
Brought to you in the interest of

WORLD BRAIN TUMOUR DAY

8 June 2023

It has been estimated that over 191,000 people are currently living with a brain tumour worldwide and this number is increasing annually.

Brain tumours can affect anyone, regardless of age, race, or gender. They can lead to severe health complications, even when non-cancerous. Brain tumours can occur at any age, but they are more common in children and older adults. Should you experience any of the following signs and symptoms, do not delay seeking help or consulting with your medical practitioner, especially when they are not related to other medical conditions:



Headaches: These are often more severe in the morning and can vary in intensity from one day to the next. Other characteristics may include headaches that worsen with certain activities like bending over or coughing.



Neurological Problems: Loss of balance, weakness on one side of the body, or clumsiness can also signal a potential issue.



Seizures: Particularly in a person with no history of seizures, this could be a sign of a brain tumour.



Sensory Changes: Changes in vision, such as double vision, blurry vision, or loss of peripheral vision, can be symptoms. Changes in hearing or smell can also occur.



Cognitive or Personality Changes: These can include memory problems, mood swings, changes in behaviour, and difficulty concentrating or thinking.



Speech Difficulties: This can be either difficulty speaking or understanding speech.



Changes in Sleep Patterns: Including insomnia or increased sleep.



Nausea or Vomiting: Particularly if it's associated with other symptoms.



Fatigue: This can be general lethargy or feeling more sleepy than usual.

For more information about Life Oncology's treatment options visit www.lifehealthcare.co.za or contact your nearest healthcare provider.